

# Epidemiology of Leishmaniasis in the Time of Drug Resistance

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## Introduction

Leishmaniasis is a group of communicable diseases widespread around the world, including Southern Europe. The disease is essentially endemic in poverty ridden settings, and clinical cases are underreported due to the absence of systematic surveillance systems (Mosleh et al. 2008; Singh et al. 2010). Hence, good consolidated region-specific epidemiological data are frequently unavailable, and we currently only have estimations of population at risk (350 million people worldwide), prevalence (12 million clinical cases worldwide) and incidence (1.5–2 million new cases occurring annually: 1–1.5 million cases of cutaneous leishmaniasis and 500,000 cases of visceral leishmaniasis) (World Health Organization 2010). Infection rates are also underestimated, particularly in species causing visceral leishmaniasis for which it is guesstimated that 10 (*L. donovani*) to 100 (*L. infantum*) asymptomatic infections may occur for 1 clinical case (Ostyn et al. 2011; Pampiglione et al. 1975). However, particular care should be taken to avoid inflating existing epidemiological data, and this further highlights the need for good (both at qualitative as quantitative levels) and updated data.

The epidemiology of leishmaniasis is dynamic, and the disease is reported to (re-)emerge and spread in many regions (Desjeux 2001; Dujardin 2006). Control is challenged by three major escalating risk factors: human-made and environmental changes, immune status (essentially because of *Leishmania*/HIV co-infection), and

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treatment failure (TF) and drug resistance (Desjeux 2001; Dujardin 2006; Schonian et al. 2008). Drug resistance is the aim of this book, but its epidemiology cannot be dissociated from other factors that threaten the control of the disease. Indeed, the different risk factors have a reciprocal influence on each other and can vary from region to region (Dujardin 2006). This specific synergy between risk factors defines the character of drug resistance epidemiology and the nature of the challenges they pose for the local control programs.

In the present chapter, an update of various aspects of leishmaniasis epidemiology is presented, with a particular emphasis on their relation with parasite drug resistance. The focus of this chapter is on antimonials since we have most experience in the field and in the lab with this drug. Although antimonials are currently being abandoned as first-line treatment in several countries of the Indian subcontinent, we can still draw many lessons from the experience with this drug with respect to (1) speculation of the future of the few other available drugs and (2) the design and implementation of adequate surveillance strategies to monitor their efficacy. Major gaps and confusing issues currently existing in our epidemiological knowledge of drug resistance will be addressed, with a particular attention for the ambiguous interpretation of the concepts of drug resistance and treatment failure. Existing and needed tools relevant for epidemiological surveillance (at the levels of primary health centers, reference hospitals and laboratories) and the potential impact of this surveillance on local drug policies will be reviewed as a guide to orient further research activities and inspire funding agencies.

## **Epidemiology of Drug Resistance and Treatment Outcome**

Treatment outcome is a complex phenomenon with a potentially multifactorial origin. This clinical phenotype may be determined by (1) host factors, such as genetics, immunological response (Maurer-Cecchini et al. 2009), characteristics, and clinical presentation of the patients (Nacher et al. 2001; Palacios et al. 2001); (2) treatment features, such as drug quality (Franco et al. 1995), duration of therapy, and compliance; and (3) parasite characteristics, such as variable intrinsic susceptibility (species) (Allen and Neal 1989) and drug resistance (Lira et al. 1999). The relative importance of parasite drug resistance is still unclear, but in many scientific communications, the terms “drug resistance” or “resistance” are chronically (ab-) used for both parasite and clinical phenotypes. In this paper, we will use (1) the term “drug resistance” to refer to the parasite phenotype characterized by a decreased susceptibility to a given drug, acquired following successful molecular adaptations under drug pressure and detected – till now – by an *in vitro* susceptibility test and (2) the term “treatment failure” for the clinical phenotype of a patient not responding to a given treatment or presenting a relapse within a specific time-window following treatment. We strongly encourage paying a particular attention to this issue, which is not only of semantic nature.

Literature survey on drug resistance reveals a severe imbalance between the number of papers providing information on (1) drug resistance of clinical isolates and (2) experimental studies, mostly on laboratory strains artificially induced. Detailed analysis of these reports (Table 1) reveal a lack of standardization in (1) clinical protocols (e.g., durations of follow-up or definitions of treatment outcome), (2) sampling procedures (e.g., parasite isolation before the onset of chemotherapy or at the time of treatment failure), and (3) laboratory procedures for testing in vitro susceptibility (e.g., the type of macrophages used in the model to test drug susceptibility), which makes it very difficult to compare the findings of the respective studies. Conditions are thus suboptimal for a correct assessment of the epidemiology of antimony ( $\text{Sb}^V$ ) resistance worldwide.

Anyway, based on the current available data, we can extract the following information on the status of parasite antimonial resistance in endemic regions. First of all, isolates defined as  $\text{Sb}^V$ -resistant have been encountered so far in India [Muzzafarpur, Bihar, (Lira et al. 1999; Singh et al. 2006)], Nepal [Eastern Terai, (Rijal et al. 2007)], Iran (Hadighi et al. 2006), Eastern Sudan [Gedaref, (Abdo et al. 2003)], France (Faraut-Gambarelli et al. 1997), Peru [Amazonian jungle, (Yardley et al. 2006)], and Colombia (Rojas et al. 2006). The reported frequency of drug-resistant parasites is biased toward specific regions where treatment failure was observed; hence, their conclusions should not a priori be generalized to wider endemic regions or other regions. Secondly, the  $\text{Sb}^V$ -resistant phenotype was identified in seven different *Leishmania* species, including a species associated with zoonotic transmission (see below). Thirdly, we found that the frequency of  $\text{Sb}^V$ -resistant parasites in a particular region can be strikingly high despite testing a similar number of isolates from antimonial cured and nonresponding patients. Fourthly, the relationship between parasite phenotype and clinical phenotype varies between different regions: some studies report a good correlation between the two phenotypes (Lira et al. 1999), but others report that the in vitro drug susceptibility of the parasite has a poor predictive value for clinical treatment outcome (Rijal et al. 2007; Yardley et al. 2006). Altogether, this shows that our knowledge on the epidemiology of drug resistance in leishmaniasis is still very limited, which contrasts with other parasitic diseases, like malaria (Wongsrichanalai et al. 2002). This is possibly due to the neglected character of leishmaniasis and the lack of coordination among the few groups involved in the study of drug resistance in a clinical context but also to the complexity of *Leishmania*'s biology which impedes the development of tools to identify and study drug resistant (DR) parasites.

Literature survey on treatment outcome is more abundant (Amato et al. 2007; Gonzalez et al. 2008; Gonzalez et al. 2009; Oliaro et al. 2005; Tuon et al. 2008); but again, evidence base for comparative evaluation of antimonial treatment outcome and epidemiological mapping has many limitations due to poor design and reporting of many clinical trials (Romero and Boelaert 2010; Gonzalez et al. 2009). However, a series of key aspects emerge from the few comparable reports (see Table 2 for a selection of them). First of all, long-term treatment efficacy data is only available for antimonials in North Bihar (India) and shows how treatment

**Table 1** Summary of published reports on antimonial susceptibility of clinical isolates and link with treatment outcome

Report	Species, origin (sampling period)	Number of tested isolates by clinical category <sup>a</sup>	Proportion Sb <sup>v</sup> resistant isolates by clinical category <sup>b</sup>	Mean ED <sub>50</sub> (µg/mL) or activity index (AI) <sup>c</sup>
Rijal et al. 2007	<i>L. donovani</i> , Nepal, Eastern Terai (2002–2004)	20 from cure 9 from TF	65% 66.6%	AI = 3.8 +/- 2.3 <sup>d</sup> AI = 4.6 +/- 2.3 <sup>4</sup>
Lira et al. 1999	<i>L. donovani</i> , India, Bihar, Muzaffarpur (1995–1998)	9 from cure 15 from TF	n.a. n.a.	ED <sub>50</sub> = 2.4 +/- 2.6 ED <sub>50</sub> = 7.4 +/- 3.7
Singh et al. 2006	<i>L. donovani</i> , India	7 from VL cure 3 from VL TF 9 from PKLD cure 4 from PKDL TF	14.3% 100% 0% 100%	ED <sub>50</sub> = 5.1 +/- 2.9 ED <sub>50</sub> = 15.07 +/- 3.7 ED <sub>50</sub> = 4.6 +/- 1.3 ED <sub>50</sub> = 19.7 +/- 6.8
Abdo et al. 2003	<i>L. donovani</i> , Gedaref, eastern Sudan (2001–2003)	22 from TF	27.3%	n.a.
Faraot-Gambarelli et al. 1997	<i>L. infantum</i> , France, immunocompetent	6 from cure	n.a.	ED <sub>50</sub> = 33.7 +/- 18.6
Faraot-Gambarelli et al. 1997	<i>L. infantum</i> , France, immunocompromised	9 from TF 1 from cure	n.a. n.a.	ED <sub>50</sub> = 76.8 +/- 83.6 ED <sub>50</sub> = 19
Hadighi et al. 2006	<i>L. tropica</i> , Iran	20 from TF 165 from cure	n.a. n.a.	ED <sub>50</sub> = 62.1 +/- 39.1 ED <sub>50</sub> = 4.1 +/- 1.6
Yardley et al. 2006	<i>L. braziliensis</i> , Peru	16 from TF 4 from TF	n.a. n.a.	ED <sub>50</sub> = 18.9 +/- 3.2 ED <sub>50</sub> = 48.6 +/- 1.9
Yardley et al. 2006	<i>L. guyanensis</i> , Peru	13 from cure 10 from TF	84.6% 80%	AI = 4.3 +/- 1.5 <sup>e</sup> AI = 5 +/- 2.1 <sup>5</sup>
Yardley et al. 2006	<i>L. lainsoni</i> , Peru	4 from cure	50%	AI = 4 +/- 2.4 <sup>5</sup>
Rojas et al. 2006	<i>L. panamensis</i> , Colombia	4 from cure 16 from TF	75% 12.5% before treatment 36.5% after TF	AI = 4.7 +/- 2.5 <sup>5</sup> ED <sub>50</sub> = 21.8 +/- 41.7 ED <sub>50</sub> = 51.8 +/- 61.3

<sup>a</sup>TF Treatment failure, PKDL post-Kala-Azar dermal leishmaniasis<sup>b</sup>n.a. not available<sup>c</sup>Activity index is a criterion introduced by Yardley et al. 2006 to normalize ED<sub>50</sub> results of a clinical isolate by comparison of the ED<sub>50</sub> of a reference strain introduced in each assay. A value of 1 means that the isolate has an ED<sub>50</sub> equal to that of the reference strain; 6 means that ED<sub>50</sub> is 6 times higher than the reference strain. ED<sub>50</sub> is defined as described by Croft in chapter "The relevance of susceptibility tests, breakpoints and markers" as the drug concentration resulting in a decrease in replication of 50% compared to untreated controls<sup>d</sup>Activity index of 1 corresponds an ED<sub>50</sub> = 7–18 µg/mL, an activity index of 6 corresponds to ED<sub>50</sub> > 60 µg/mL<sup>e</sup>Activity index of 1 corresponds an ED<sub>50</sub> = 4–15 µg/mL, an activity index of 6 corresponds to ED<sub>50</sub> > 60 µg/mL

**Table 2** Selection of reports on the outcome of antimonial treatment in different clinical forms and regions (excluding if possible HIV-positive patients)

Report	Clinical form (species), country	No. of patients	Treatment regimen <sup>a</sup>	Period of recruitment	Treatment failure rate
Sundar et al. 2000	VL, India, Bihar	209	SSG, 20 mg/kg/day	1994–1997	65%
Sundar et al. 2000	VL, India, Uttar Pradesh	111	SSG, 20 mg/kg/day for 30 days	1994–1997	14%
Rijal et al. 2010	VL, Nepal, Eastern Terai	169	SSG, 20 mg/kg/day for 30 days	2001–2003	9.5%
Altaf et al. 2005	VL, Pakistan, Muzaffarabad	61	MA, dosis not specified, 21 days	1999	3.3%
Verma et al. 2007	VL, India, Uttarakhand	9	SSG, 20 mg/kg/day for 4 weeks	2004–2006	0%
Melaku et al. 2007	VL, Southern Sudan	1,178	SSG, 20 mg/kg/day for 30 days	2002–2005	7.6%
Moore et al. 2001	VL, Kenya	51	SSG, 20 mg/kg/day for 30 days	1997–1998	17%
Moore et al. 2001	VL, Kenya	51	MA, 20 mg/kg/day for 30 days	1997–1998	4%
Ritmeijer et al. 2001	VL, Ethiopia	112	SSG, 20 mg/kg/day for 30 days	1998–1999	7.9%
Toumi et al. 2007	VL, Tunisia	16	MA, 20 mg/kg/day for 25 days	1983–2002	0%
Llanos-Cuentas et al. 2008	CL ( <i>L. braziliensis</i> ), Peru	29	SSG, 20 mg/kg/day for 20 days	2001–2004	31%
Llanos-Cuentas et al. 2008	CL ( <i>L. Peruviana</i> ), Peru	63	SSG, 20 mg/kg/day for 20 days	2001–2004	28.6%
Llanos-Cuentas et al. 2008	CL ( <i>L. guyanensis</i> ), Peru	27	SSG, 20 mg/kg/day for 20 days	2001–2004	7.4%
Romero et al. 2001	CL ( <i>L. braziliensis</i> ), Brazil	52	MA, 20 mg/kg/day for 10–20 days	1996	41.2%
Romero et al. 2001	CL, ( <i>L. guyanensis</i> ), Brazil	59	MA, 20 mg/kg/day for 10–20 days	1996	73.7%
Firdous et al. 2009	CL ( <i>L. major</i> ) Pakistan	207	MA, 20 mg/kg/day for 20 days	2005–2007	19%
Padovese et al. 2009	CL and MCL, Northern Ethiopia, Tigray	167 <sup>b</sup>	MA, 20 mg/kg/day for 28–30 days	2005–2007	28%
Uzun et al. 2004	CL, Turkey	890	MA, 10–20 mg/kg/day for 15–20 days	1998–2002	3.9%

<sup>a</sup>SSG Sodium Stibogluconate (Pentostam), MA Meglumine antimoniate (Glucontime)<sup>b</sup>Including 5.7% HIV positive patients

efficacy can decline in two decades: from 1.5% to 14% of treatment failure in 1981–1982 (Thakur et al. 1984) to 65% in 2000–2001 as is described in chapter “Visceral Leishmaniasis” in the present volume. Secondly, substantial variations in treatment efficacy can be observed at regional level. This is best illustrated by the situation in the Indian subcontinent where treatment failure rates for antimonials range from 65% in Muzzafarpur (North Bihar, India) to 14% in Uttar Pradesh (India), 9.5% in Nepalese Eastern Terai, and 0% in Uttarakhand (India) (Sundar et al. 2000; Rijal et al. 2007; Verma et al. 2007). Hence, it is incorrect to perceive that a high antimonial treatment failure rate is a general feature of the Indian subcontinent or even India (often mentioned in scientific communications).

Generalization of region-specific results is done too often and causes misconceptions about the nature of leishmaniasis treatment failure. Thirdly, high treatment failure rates are encountered not only in endemic regions with anthroponotic leishmaniasis but also in areas with zoonotic leishmaniasis (see below). Fourthly, studies evaluating treatment efficacy should type the species of the infecting parasite as various species can have an intrinsic difference in tolerance to a particular drug (Allen and Neal 1989). This point is of particular relevance for Latin America where several species circulate which were shown to have significant differential tolerance to the treatments used in that region and concomitant variations in treatment outcome were observed. This feature is described in chapter “American Tegumentary Leishmaniasis” in the present volume. Interestingly, regional differences also occur as illustrated by the treatment outcome of infections with *L. braziliensis* and *L. guyanensis*: in Peru, it was the former species which was associated with higher treatment failure (Llanos-Cuentas et al. 2008), while in Brazil, it was the latter one (Romero et al. 2001). Fifthly, treatment failure rates are much lower than the frequency of drug resistant isolates: e.g., 31% TF vs 84.6% DR in Peru (Llanos-Cuentas et al. 2008; Yardley et al. 2006) or 9.5% TF vs 66.7% DR in Nepal (Rijal et al. 2007; Rijal et al. 2010). This raises the question on the significance of the current definition of parasite drug resistance which is based on in vitro susceptibility results (discussed later) and also indicates that treatment outcome data is currently still more relevant to guide control strategies. Since resources are limited for clinical research of neglected diseases, there is a need for giving the priority to properly designed clinical trials. Therefore, it was suggested to create an international strategy to improve the quality and standardization of future trials for a better evidence-based strategic approach in the future (Gonzalez et al. 2009).

## Transmission Patterns

Leishmaniasis is characterized by two major transmission patterns, of anthroponotic and zoonotic natures, respectively. In anthroponotic forms, parasites are reported essentially to circulate between humans, without any known animal reservoir. In contrast, in zoonotic leishmaniasis, parasites circulate essentially among animals (wild or domestic), while humans are considered accidental and dead-end hosts. The latter is described in detail in chapter “The Role of Reservoirs: Canine Leishmaniasis” in the present volume. The nature of the reservoir is theoretically very important for the emergence and spreading of drug resistance. In anthroponotic leishmaniasis, the parasite is theoretically submitted to a relatively constant drug pressure (present in each host), and drug resistance may emerge and spread rapidly. In contrast, in case of zoonotic transmission, drug pressure should be absent in the wild animal reservoir; hence, drug-resistant parasites could only emerge in treated humans and be transmitted with difficulties to animals. If drug-resistant parasites do manage to be transmitted to animals, they should not have a selective advantage in animals (no drug pressure present),

except if the mechanism leading to drug resistance has a broad impact on the physiology of the parasites and change their global fitness as is described in chapter “The concept of fitness and drug resistance in *Leishmania*” in the present volume. Thus, theoretically, in zoonotic leishmaniasis, the prevalence of drug-resistant parasites before the onset of treatment (primary resistance) is expected to be very low. However, some studies indicate that in Latin America, this is not necessarily true for antimonial treatment. Some believe this is due to a shift from zoonotic to anthroponotic transmission (Rojas et al. 2006). We believe that this primary Sb<sup>V</sup>-resistance phenotype found in zoonotic context is not the result from previous contact with the drug but a secondary effect from the adaptation to host cell stress (Yardley et al. 2006). The demonstration of cross-resistance to antimony and nitric oxide (Holzmüller et al. 2005) supports this possibility and should be further explored. In case of zoonotic visceral leishmaniasis, which involves a domestic animal reservoir (the dog), drug pressure is also present in the reservoir. Given the intense treatment courses needed to treat dogs, they could rapidly represent another epicenter for emergence and spreading of drug resistant strains. This was shown clearly in Italy, where parasites isolated from dogs treated with meglumine antimoniate were 8- to 41-fold less susceptible to the drug after treatment compared to before treatment (Gramiccia et al. 1992). Based on these observations, recommendations have been made to forbid the use of similar treatments in dogs and humans (Dujardin et al. 2008; Gramiccia et al. 1992). This important theme is described in chapter “The Role of Reservoirs: Canine Leishmaniasis” in the present volume.

There are several recent reports highlighting that the true nature of drug pressure in the different transmission modes is far more complicated than the clear-cut theory outlined above. For anthroponotic leishmaniasis, the role of asymptomatic human cases and possibly unknown animal reservoirs in VL epidemiology has been largely disregarded till now but should be examined carefully as they might have an impact on the epidemiological dynamics of drug resistance. Asymptomatic human infections are more frequent than clinical cases [up to 10 times more in a recent study in Nepal in anthroponotic VL foci (Ostyn et al. 2011)]. These people are not treated because of the cost and/or toxicity of existing drugs. Animals were recently recognized as having a possible role in the epidemiology of anthroponotic VL. In a recent emerging focus of VL in Nepal, asymptomatic *Leishmania* infections were found at higher rates among goats (16%) than humans (6.1%) (Bhattarai et al. 2010). The exact role of these infected animals and asymptomatic human carriers as reservoir is still unknown, but these findings highlight the need for further explorations. Similarly, in the context of anthroponotic cutaneous leishmaniasis of the Old World, a recent study in two foci of Northern Israel demonstrated rock hyraxes (*Procapra capensis*) to be reservoir hosts of *L. tropica* (Svobodova et al. 2006).

In zoonotic leishmaniasis, the nature of the reservoir is also questioned. The presence of *Leishmania* (*Viannia*) *sp.* parasites in unaffected skin and peripheral-blood monocytes in a high proportion of patients even after treatment and the infectivity of these subjects as shown by the acquisition of infection by sand flies

support the plausibility of anthroponotic transmission of American cutaneous leishmaniasis (Vergel et al. 2006). It is currently not known if these various reports concern exceptional situations or if they highlight serious gaps in our knowledge of the transmission patterns of leishmaniasis. Alternatively, these observations might be the consequences of changes in the epidemiology of leishmaniasis.

## Human-Made and Environmental Changes of the Epidemiology

Human-made and environmental changes have a major impact on (1) the appearance of new foci and (2) transmission pattern changes, and this is confirmed by several reports.

First of all, as a consequence of global warming, leishmaniasis are likely to spread into currently temperate zones where increased average temperatures may allow extension of sand fly breeding seasons, or into areas where overwintering in larval stage was so far prevented by low temperatures (Schonian et al. 2008). This is well documented in Italy, where comparisons with historical data showed that *P. perniciosus* and *P. neglectus* have increased in density and expanded their geographic range in northern continental Italy (Maroli et al. 2008). More recently, the analysis of a randomized sample of 526 healthy adults from north-western Italy (which is traditionally not considered an area of endemicity) showed a seropositivity of 7.41% and an asymptomatic infection rate (as evidenced by PCR) of 53.8% among seropositives (Biglino et al. 2010).

Secondly, increase in the worldwide mobility is also causing changes in the epidemiological picture. The best example comes from the post-Conquista era during which *L. infantum* from the Mediterranean basin was brought to Latin America (Mauricio et al. 2000), as is described in chapter "Epidemiology of leishmaniasis in the time of drug resistance" in the present volume. *L. infantum* successfully colonized local sandflies and is now causing a serious public health problem [ $> 3,500$  cases of VL per year in Brazil (Miles et al. 1999)]. Trans-Atlantic migration of strains can still occur with potential consequences for spreading of drug resistance. For instance, miltefosine, one of the few available antileishmanial drugs, has been recently launched in the market for canine leishmaniasis treatment in Portugal, Spain, Italy, Greece, and Cyprus. Given the long half-life of the drug and the fact that dogs are never cured parasitologically, rapid emergence of drug resistance is expected in these dogs. If dogs infected with miltefosine-resistant parasites were to migrate to Latin America, where several countries have registered the drug for human use [currently Colombia, Guatemala, Argentina, Venezuela, Paraguay, Ecuador, and Honduras; (World Health Organization 2007)], there might be epidemiological consequences (Dujardin et al. 2008). Mobility of strains also carries the additional risk of bringing new parasite phenotypes in a given region. Even if *Leishmania* is thought to reproduce essentially clonally, allogamic sexual recombination may not be excluded (Rougeron et al. 2009), and examples of successful hybrids were already shown like *L. braziliensis*/*L. peruviana* in Peruvian

inter-Andean valleys (Dujardin et al. 1995; Nolder et al. 2007). This might obviously contribute to the horizontal transfer of drug resistance genes, but this was not yet documented.

Thirdly, population movements for economic reasons such as the development of agroindustrial projects or the seeking of safe haven from civil unrest may contribute to increased density of susceptible human hosts with epidemiological consequences. This is illustrated by the last epidemics of VL in Sudan, where an estimated 100,000 people (out of 300,000) died from VL in Western Upper Nile State (Zijlstra and El Hassan 2001).

Fourthly, urbanization and domestication of zoonotic transmission cycles is also increasingly reported. We already reported the case of a suburban emerging focus of anthroponotic VL around the big city of Dharan in Eastern Terai (Nepal) (Bhattarai et al. 2010). However, this phenomenon is best illustrated by the situation in Latin America. In undisturbed Neotropical forests, where (muco) cutaneous leishmaniasis was for long characterized by a zoonotic profile, *Leishmania* are transmitted among sylvatic mammals by the bite of phlebotomine sand flies. The close association between forest, wild mammal reservoirs, and sand flies has previously led to predictions that deforestation would lead to local eradication of some of the most important *Leishmania* species (Esterre et al. 1986). However, as a consequence of anthropogenic environmental changes (deforestation and urbanization), new vectors and reservoir hosts may adapt and interact at the interface with humans (García et al. 2007b), resulting in new pathogenic complexes tending to synanthropic zoonoses, if not anthroponoses (Rotureau 2006).

## Epidemiology and Immune Status

Leishmaniasis has been identified as an opportunistic infection in immunosuppressed individuals, especially in those with human immunodeficiency virus (HIV) infection and less frequently in individuals that had organ transplant, chemotherapy for malignancy, or suffer from immune-mediated disorders (Alvar et al. 2008). The theme of HIV co-infection is described in chapter “Co-infection with HIV” in the present volume. Immunosuppression is one of the factors responsible for increased susceptibility to primary *Leishmania* infection or reactivation of a silent infection. Among the various sources of immunosuppression, HIV co-infections and its epidemiology have been best documented. *Leishmania*/HIV co-infection has emerged as a result of the increasing overlap between leishmaniasis (mainly visceral) and AIDS, which is due to the spread of the AIDS pandemic to rural areas and of visceral leishmaniasis to suburban areas. Historically, this was first described in the early 1990s in Southern Europe, when the typical clinical pediatric leishmaniasis profile was shifting due to an increasing number of HIV co-infected adults. A dedicated surveillance network was established in 1994 and revealed, by early 2001, a cumulative number of cases peaking at 1,911 (Desjeux and Alvar 2003). A clear decrease of the incidence of co-infection was observed later on in

Europe, which is likely attributed to the routine use of highly active antiretroviral therapy (HAART) (Alvar et al. 2008). Currently, HIV co-infection also affects the three major foci of visceral leishmaniasis, e.g., the Indian sub-continent, East Africa, and Brazil. In India, HIV infection is concentrated in the south and to a lesser degree in the northeast (including the district Bihar) where overlap with leishmaniasis occurs (Alvar et al. 2008). There, the problem of co-infection seems to be exacerbated by economic migrants who acquire HIV in urban settings and then return to their rural homes in VL endemic areas, where a new *Leishmania* infection can be acquired or an old infection reactivates due to declining immunity (Alvar et al. 2008). In a clinical setting of Bihar, the VL-HIV co-infection rate was shown to increase from 0.88% in 2000 to 2.18% in 2006 (Alvar et al. 2008). In Brazil, where a surveillance network exists, 2% of VL patients were shown to be co-infected compared to 0.1% in patients with cutaneous leishmaniasis (Maia-Elkhoury et al. 2007). In East Africa, the worst situation reported so far was in Humera (northwest Ethiopia), where the proportion of VL patients who were co-infected with HIV increased from 18.5% in 1998–1999 to 40% in 2006 (Alvar et al. 2008).

There are few clinical trials analyzing the efficacy of the different treatments for *Leishmania*/HIV co-infected patients as discussed in chapter “Co-infection with HIV” of this volume. In general, these patients have lower cure rates, higher drug toxicity rates, and higher fatality rates for leishmaniasis compared to immunocompetent patients. Following multiple relapses, the patient often becomes unresponsive to all the previously used drugs (Alvar et al. 2008). Furthermore, co-infected patients, which can have high parasite loads in the bloodstream, were confirmed to be a source of infection for the sand fly or for other humans (through sharing syringes among intravenous drug users) (Alvar and Jimenez 1994). Co-infected patients might thus become a true reservoir for zoonotic VL, especially in an urban setting (Ritmeijer et al. 2001). In this context and considering the very long treatment schemes in case of co-infection, it is feared that HIV co-infected patients might be a source for the emergence of drug resistance. This was well documented in a study of French patients infected with *L. infantum*. Relapses were observed in all HIV infected patients, and the susceptibility of isolated parasites was shown to decrease progressively during successive courses of meglumine antimoniate treatments (Faraut-Gambarelli et al. 1997). In contrast, in a similar follow-up study of HIV co-infected patients treated with amphotericin-B, successive isolates from individual patients did not show decrease in susceptibility, which led to the suggestion that amphotericin-B will remain a useful drug against VL, even when used as a prophylactic or in repetitive treatment courses (Lachaud et al. 2009). In the case of miltefosine, there are no follow-up studies available so far in the context of HIV co-infection. However, given the short half-life of the drug (about 1 week) and the ease of selecting for parasite miltefosine resistance in vitro (Seifert et al. 2003), there is a serious risk of emergence of resistance in relapsing patients (Berman et al. 2006). These observations illustrate the relevance of HIV co-infection surveillance networks but also strengthen the importance of implementing surveillance of drug resistance among the identified patients.

## Tools for Epidemiological Surveillance of Drug Resistance and Treatment Outcome

Considering the fact that only few drugs are available, with a low number in the pipeline, it is essential to safeguard the effectiveness of existing drugs. Combination regimens are under clinical development (van Griensven et al. 2010), but the drug policy will take several more years to change. Meanwhile, the uninterrupted supply of quality drugs, the promotion of treatment adherence, and the monitoring of treatment effectiveness and drug resistance will be pivotal. There is currently no systematic surveillance of these critical issues in leishmaniasis, as existing, for instance, for malaria (Guerin et al. 2009), which is – among others – due to the lack of adequate tools.

Monitoring leishmaniasis treatment effectiveness is complicated by the fact that the parasites persist after clinical cure of a primary symptomatic episode (Bogdan 2008), and it is clinically well documented that there is a persisting risk of relapse in the first 6–12 months after treatment. Consequently, clinicians only consider patients definitely cured if this posttreatment period passes uneventful (Murray 2004; Murray et al. 2005). Given the window of time required to assess clinical cure, it has been and still is difficult to standardize the clinical definitions of the major treatment outcomes cure, nonresponse, and relapse for the different forms of leishmaniasis (Modabber et al. 2007). An adequate laboratory test of cure is also not available because it is currently unclear which indicators have the best predictive value of definite clinical cure. Serum antibodies can decrease after successful treatment as shown with the rk39 test (Braz et al. 2002; Kumar et al. 2001), but they remain detectable up to several years after cure (De Almeida et al. 2006); hence, VL relapse cannot be diagnosed by serology (Chappuis et al. 2007). PCR is extremely sensitive to detect current infections but was shown to be a better marker of infection than of disease (Deborggraeve et al. 2008); thus, a positive PCR at the end of treatment would have a low predictive value of treatment outcome. Quantification of the parasite load by QPCR allows determining infection/disease thresholds and was proven to have some potential to address this problem, but further studies are needed to evaluate this tool in various clinical situations (presentations, treatments, and infecting parasite species) (Antinori et al. 2009; Mary et al. 2006). Antigen detection tests like the Katex represent a promising avenue for tests of cure (Sundar et al. 2005), but similarly as with PCR, a too high sensitivity could decrease their performances. In absence of an adequate laboratory test of cure, treatment outcome is currently assessed by microscopic evaluation of parasite load in tissue smears at the end of treatment and subsequent regular patient follow-up for 6 up to 12 months posttreatment. Hence, monitoring treatment effectiveness in routine conditions is difficult, and compliance of patients to the follow-up visits can be poor. Hence, there is a need to develop new approaches to monitor treatment effectiveness at the program level, like the retrospective cohort analysis used in tuberculosis programs (Mukherjee et al. 2004).

Monitoring drug resistance suffers from the same limitations as outlined above for monitoring treatment efficacy, i.e., there is an acute lack of knowledge and tools. The *in vitro* intracellular amastigote-macrophage model is currently commonly used for testing drug susceptibility of *Leishmania* clinical isolates and is essential for drugs like antimonials, which are only active on the amastigote form of the parasite (Vermeersch et al. 2009). The screening entails a complex, labor-intensive, and time-consuming protocol, which involves *in vitro* infection of primary macrophages with an infective stage of *Leishmania* parasites (metacyclic promastigotes, axenic amastigotes, or *ex vivo* amastigotes), 3–7 days Sb<sup>V</sup> exposure and a final step of microscopical evaluation of the different infections (Neal and Croft 1984; Vermeersch et al. 2009).

This test should not be considered as a golden standard since it is plagued by many implementation problems. First of all, there are several standardization problems with these assays, making interlaboratory comparisons difficult. Protocols differ at the level of used type of host cells, tested drug concentrations, timing of drugging, duration of drug exposure, and inclusion (or not) of reference strains for interassay comparison. Furthermore, the significance of the results must be interpreted with extreme care. *In vivo*, the response of the infected cells to antimonials leads to a more substantial involvement of the host immune system to attack the parasites (Mookerjee et al. 2006), resulting in a synergistic activity between antimonials and the specific T-cell response of the host (Murray et al. 2000). In comparison, the *in vitro* system used for susceptibility assays does not include any immune components and is somehow reductionist. Accordingly, the parasites may develop various epi-phenotypes under *in vivo* antimonial pressure that remain hidden in the *in vitro* susceptibility assays. This could concern, for instance, (1) adaptation to the macrophage effectors in the immunological context of the clinical infection (absent in the *in vitro* susceptibility assays) or (2) resistance to the reduced form of the drug, Sb<sup>III</sup> (Rijal et al. 2007; Yardley et al. 2006). These epi-phenotypes might explain the incongruence between parasites' *in vitro* antimonial susceptibility and clinical treatment outcome reported elsewhere (Abdo et al. 2003; Rijal et al. 2007; Yardley et al. 2006). Further efforts are definitively needed to standardize these intracellular amastigote assays and possibly for upgrading them: activation of the macrophages with cytokines could be an option, but the system would still be miles away from the immune involvement *in vivo*. In parallel, susceptibility assays on extracellular promastigotes, which are relatively easily grown *in vitro*, should be developed and standardized for new drugs like miltefosine that have similar activity on all life stages of *Leishmania*. This is currently being explored in the frame of the Kaladrug-R project (see [www.leishrisk.net/kaladrug](http://www.leishrisk.net/kaladrug)), and if successful validation ensues, this would seriously facilitate the epidemiological surveillance of parasite resistance against that specific drug, under conditions of standardization and quality control.

Molecular assays represent a third category of tools relevant for epidemiological surveillance of treatment failure and drug resistance.

First, as highlighted above, since the infecting *Leishmania* species is a risk factor for treatment failure, it is highly recommended to perform species typing, especially in regions where different species are endemic. While multilocus enzyme electrophoresis is still considered as the reference method for species typing, we

highly recommend implementing the new PCR-based assays which are (1) much simpler to use, (2) better standardized, and (3) directly applicable on clinical samples without losing sensitivity. The *hsp70* PCR-RFLP is currently being disseminated for this purpose (da Silva et al. 2010; Garcia et al. 2007a; Montalvo et al. 2010) and might become the future reference method.

Strain fingerprinting assays represent a second class of molecular tools that can also be relevant for monitoring treatment outcome. Theoretically, they could be used to distinguish relapse from reinfection in clinical secondary symptomatic cases, a phenomenon which is poorly studied in leishmaniasis, in contrast to malaria, for instance (Collins et al. 2006). PCR-RFLP analyses of kinetoplast DNA are very useful for this purpose because they generate strain-specific patterns (Laurent et al. 2007). In a recent study on naturally infected dogs treated with antimonials (da Luz et al. 2009), we found different parasite genotypes in each dog, and the genotype of a particular dog did not change significantly after successive treatments. The apparent stability of the genotype strongly contrasted with the decreasing in vitro SSG susceptibility of the corresponding parasite isolates. This study provides convincing evidence that short-term treatment of dogs with antimonial leads to enhanced selection of decreased susceptibility.

Molecular assays are also expected to facilitate the detection of drug-resistant parasites. However, not much is known about the molecular adaptations acquired by drug resistant parasites, and this impedes the design of such tools. Most molecular studies on *Leishmania* drug resistance were done on in vitro-induced resistant parasites. The identified mechanisms and markers in these "artificial" drug-resistant parasites cannot a priori be extrapolated to the "natural" drug-resistant parasites emerging in endemic regions (Maltezos 2010). In natural *Leishmania* populations under treatment pressure, it seems that drug resistance is emerging frequently through independent events (Laurent et al. 2007), and the essential molecular adaptation process may not necessarily be uniform throughout a parasite population. We assessed the molecular heterogeneity of an antimonial-resistant *L. donovani* population in Nepal and found that the SSG-resistant phenotype is marked by a distinct set of molecular features in two genetic subpopulations. The identified molecular features further suggested a possible relation between antimonial tolerance and oxidative stress tolerance, and this was confirmed through a battery of in vitro susceptibility stress tests (Decuypere 2007). In *L. braziliensis* from Peru, we found that the expression of two genes, *ODC* (ornithine decarboxylase) and *TRYR* (trypanothione reductase) was significantly higher in some, but not all, Sb<sup>V</sup>-resistant parasites. Interestingly, putative markers correlated better with treatment outcome than with the in vitro susceptibility phenotype (Adaui et al. 2011). We found a similar result in our *L. guyanensis* study in Brazil, where *GSH1* (encoding gamma-glutamylcysteine synthetase) was 3.9-fold overexpressed in isolates from therapeutic failure patients (11) compared to isolates from clinical cure patients (14) (Torres et al. 2008). We hypothesized that genetically distinct parasite populations acquire a different set of molecular adaptations under antimonial treatment pressure, which could complicate the design of widely applicable molecular surveillance tools (Decuypere 2007; Laurent et al. 2007). The success of

the targeted molecular studies done so far largely depend on a good foreknowledge of candidate cellular pathways that may be modified in drug-resistant parasites. However, there are still many hiatuses in our knowledge on the mode of action of antileishmanial compounds, the cellular pathways they affect, and the protective mechanisms the parasite can muster in defense against them. Hence, we believe that untargeted approaches might be more adequate for studying *Leishmania* drug resistance, and recent technological developments have brought some new perspectives in that respect. The new high-throughput sequencing technologies and latest mass-spectrometry techniques offer great potential to screen the whole genome, transcriptome, and metabolome for molecular adaptations that correlate with drug resistant phenotypes (Dujardin 2009; Scheltema et al. 2010; t'Kindt et al. 2010). Furthermore, this molecular exploration should not only focus on the identification of markers of the in vitro drug susceptibility phenotype (with all the possible biases associated with it) but also – and maybe essentially – on the clinical phenotype. At the end of the day, this is the feature to which health professionals are confronted in first line.

## Conclusions and General Recommendations

Surveillance of treatment effectiveness and drug resistance is a major contributor to the understanding of the epidemiology of leishmaniasis and is pivotal in the control of this disease. This chapter highlights the importance of integrating its study in a broad context; a mathematical modeling approach is definitively needed to assess the complexity of its dynamics. However, our literature survey also demonstrates how limited our knowledge is on the epidemiology of treatment effectiveness and drug resistance. The lack of standardization of study methods is a major problem and burdens all levels from clinical to experimental research. Research and coordination platforms are therefore needed. The recently launched Kaladrug-R initiative (see [www.leishrisk.net/kaladrug](http://www.leishrisk.net/kaladrug)) is such a platform and aims to develop, evaluate, and disseminate new tools for the assessment of drug resistance in *L. donovani* and innovative methodologies for monitoring Kala-Azar treatment effectiveness under routine conditions. By providing knowledge and tools relevant for monitoring the effectiveness of the existing few drugs, this type of initiative should contribute to their “protection” and establish the bases for their longer-term and more rational use.

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